



GOA BOARD OF SECONDARY AND HIGHER SECONDARY EDUCATION
(A Corporate Statutory Body constituted by an Act of the State Legislature)

GBSHSE/EXAM/SSC-HSSC/MISC-SP/2024-25

Date: 13/08/2024
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CIRCULAR NO:- 57

TO

The Heads of all Recognized
Secondary and Higher Secondary Schools
Under the Jurisdiction of this Board.

Sub: Provision of Sanitary Pads at Examination Centers-Regarding.

Ref: GOI,MOE,DOSEL, letter dated 07/6/2024

Sir/Madam

1. With reference to above cited subject, your attention is invited to vital issue of Menstrual hygiene management of students in school, during high-stakes examination such as class X and class XII Board exam. This issue is at times exacerbated during examination when students are required to spend prolonged hours in examination halls without ease access to sanitary facility or products.
2. Lack of access to sanitary pads may impede the ability of girl students to concentrate on examination, potentially affecting their academic performance and overall well-being in case of emergency.
3. Sanitary pads will be made available free of charge at all examination centers/sub centers by the Board during ensuing SSC/HSSC Examination conducted by this Board as a proactive measures for supporting the health and dignity of female students and creating a conducive environment for all students to excel academically.
4. The Schools which have been requested as exam center for ensuing public examination are requested to make provision for separate rest room during Board exam so that female students can avail the same to attend to their menstrual need.



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Thereby helping to alleviate discomfort and reduce anxiety among female students during examination.

5. Therefore, all schools are instructed to conduct educational program to raise awareness about menstrual health and hygiene among students, teachers and staff.

6. Heads of the schools should ensure that female students are treated with dignity and respect regarding their menstrual needs and maintain confidentiality and provide private facilities for changing sanitary products if necessary.

7. The action taken in this regard to be communicated to this office through mail and brief report may be uploaded with photos on the recognition of school portal developed by this Board.

This circular should be displayed on the notice Board at a prominent place for the information of all concerned.


(Vidhyadatta B. Naik)
Secretary

Copy to:

- 1) PA to Secretary Education, Secretariat, Porvorim Bardez Goa
- 2) The Director of Education Porvorim, Bardez, Goa.
- 3) PA to Chairman, GBSHSE
- 4) Assistant Secretary, Examination Section
- 5) All Section Heads of this office.
- 6) Office file.
- 7) Guard file.