



GOA BOARD OF SECONDARY AND HIGHER SECONDARY EDUCATION

(A Corporate Statutory Body constituted by an Act of the State Legislature)

Alto Betim, Bardez, Goa 403 521

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GBSHSE/ACAD/SSC/P.E./ 2024

Date: - 07/08/2024

CIRCULAR NO. 50

To,
The Heads of all recognized
Secondary Schools,
within the jurisdiction of this Board.

Sub: NCERT Text Book "Health and Physical Education" for Physical Education (7th subject)
for Class X for the Academic year 2024-2025.

Sir/Madam,

1. With reference to the above cited subject, it is to informed that Board has recommended NCERT Text Book "Health and Physical Education" for class X for the subject "Physical Education" for the Academic year 2024-2025. This Text Book is available in the Board's Office @ ₹ 170/- per book.

The same may be collected during office hours only i.e. (10.00 a.m. to 01.00 p.m. and 02.00 p.m. to 04.00 p.m.)

2. Further, it is informed that as per the request of Schools (as per Annexure - I) permission is hereby granted to introduce "Physical Education" for Class X for the Academic year 2024-25, as 7th subject under NSQF scheme.

The copy of Circular be displayed on the Notice Board at a prominent place for information and needful action


(Vidhyadatta B. Naik)
Secretary

Enclosed: Annexure – I

Copy to:-

1. The Director of Education, Porvorim-Goa.
2. The Director of SCERT, Alto Betim-Goa.
3. Heads of Sections of this Office.
4. Store, (GBSHSE), Alto Betim – Goa... for n.a.
5. Accounts Section, Alto Betim – Goa... for n.a.
6. P.A. to Chairman, Alto Betim – Goa

Annexure I

Sr. No.	Name of the School
1	Don Bosco High School, Calangute, Bardez-Goa
2	Our Lady of Candelaria High School, Baina, Vasco-Goa
3	Rajmata Padmavati Raje Soundhekar High School, Ramnathi, Bandora, Ponda-Goa
4	Vidyaprasarak High School, Morjim-Goa
5	St. Anthony's High School, Galgibaga, Loliem-Goa
6	Bethany Convent High School, Sao Jose de Areal, Salcete-Goa
7	Anjuman Himayatul Islam High School, Baina, Vasco-Goa
8	Gurukul High School, Khola, Canacona-Goa
9	Keshav Smruti High School, Vasco, Goa
10	Keshav Smruti Bal Vikas Mandir, Ganeshwadi, Sancoale-Goa
11	Rauji Rane Memorial High School, Maulinguem, Bicholim-Goa
12	G.S. Amonkar Vidya Mandir, Mapusa-Goa
13	Dnyanjyoti High School, Karapur, Sanquelim, Goa
14	Tagore Educational Institute, Kothambi, Pale-Goa
15	St. John of the Cross High School, Sanquelim-Goa
16	Our Lady of Grace High School, Bicholim-Goa
17	Mangurish Vidyalaya, Shirgal, Aroba, Colvale-Goa
18	New English High School, Keri, Pernem-Goa
19	Sai Vidya Mandir, Torse, Perznem-Goa
20	Shree Durga English School, Parse, Pernem-Goa
21	Shivajiraje High School, Kholpewadi, Sal, Bicholim-Goa
22	Poira High School, Poira-Goa
23	Shree Ram Vidya Mandir, Colvale, Bardez-Goa
24	Progress High school, Sanquelim, Goa
25	Harmal Panchakroshi High School, High School, Harmal, Pernem-Goa
26	The Rosary High School, Cujira, Bambolim-Goa
27	Shri Mallikarjun Vidyalaya High School, Canacona – Goa
28	Shree Balaram Residential High School, Amone, Poinguinim, Canacona-Goa
29	Sacordem Education Society's School, Navem, Sacorda-Goa
30	St. Joseph's Convent High School, Nagoa, Verna-Goa
31	Kalyan Ashram Goa's Panchsheel English School, Panchawadi, Ponda-Goa
32	St. Thereza's Convent High School, Raia, Salcete-Goa
33	Shri Kamleshwar High School, Korgaon, Pernem-Goa
34	Our Lady of Desterro High School, Vasco-Goa
35	Dona Leonor Memorial High School, Alto-Betim, Bardez-Goa
36	St. Thomas Girl's High School, Aldona, Bardez-Goa
37	Shree Sharada English High School, Sanvordem-Goa
38	St. Francis Xavier High School, Mapusa, Bardez-Goa
39	Shri Vasant Vidyalaya High School, Siolim, Bardez-Goa
40	Vijayanand High School, Mayem, Bicholim-Goa
41	Mushtifund High School, Cujira, Goa
42	Sacred Heart High School, Parra, Bardez-Goa

43	Chubby Cheeks Spring Valley High School, Porvorim, Bardez-Goa
44	Vikas High School, Pernem-Goa
45	Honda High School, Honda, Sattari-Goa
46	Vidya Vihar High School, Thana, Cortalim – Goa
47	Shri Dayanand Arya High School, Neura, Ilhas-Goa
48	Sateri Vidya Mandir, Ibrampur, Pernem-Goa
49	Shri NirakarVidyalaya, Mashem, Loliem, Canacona-Goa
50	Dayanand Bandodkar High School, Padi, Canacona-Goa
51	Shri Shanta Vidyalay, Sodiem, Siolim-Goa
52	Kasturba Matoshri High School, Panaji-Goa
53	G.V.M's A.J. de Almeida High School, Ponda-Goa
54	L.D. Samant Memorial High School, Porvorim-Goa
55	Sarvodaya Education Society High School, Curchorem-Goa
56	St. Joseph High School, Calangute-Goa
57	Immaculate Conception High School, Colsoi, Dabal,Goa
58	Maria Bambina Convent High School, Cuncolim, Salcete-Goa
59	Our Lady Mother of the Poor High School, Tilamol, Quepem-Goa
60	Shree Mahalasa Narayani High School, Verna-Goa
61	Crescent High School, Chandrawada, Fatorda, Margao,Goa
62	Janata High School, Mapusa-Goa
63	Chandranath Education Society's High School, Quepem-Goa
64	Shree Shantadurga Vidyalaya, Pirna, Bardez-Goa
65	Dayanand High Shool, Chorao, Ilhas-Goa
66	Our Lady of Rosary High School, Mandrem, Pernem-Goa.
67	People's High School, Camurlim, Bardez-Goa
68	St. Xavier's Institute, Curtorim, Salcete-Goa
69	St. Anthony's High School, Margao-Goa
70	Gurudas P. Gauns Memorial High School, Gokulwadi, Sanquelim-Goa
71	Shri Mahamaya High School, Mayem, Bicholim Goa
72	Dnyanprassarak Vidyalaya, Mapusa Goa
73	Ravindra Kelekar Dnyanmandir, Vidyanagar, Margao Goa
74	Our Lady of Carmel High School, Curtorim, Salcete-Goa
75	School of Symbiosis, Shivshail, Shiroda, Ponda-Goa
76	Krishna Raghunath Shetye Savoikar High School, Savoi-Verem,Ponda-Goa
77	Dattaram Mantravadi Memorial High School, Mapusa-Goa
78	New English School, Kundai, Ponda-Goa
79	The Rosary High School, Cujira, Bambolim-Goa
80	St. Joseph High School, Aquem, Margao-Goa
81	Shri Sharada Vidyalaya Government High School, Kumbharjua-Goa
82	Our Lady of Carmel High School, Curtorim, Salcete-Goa
83	Holy Cross High School, Siolim, Bardez-Goa
84	R.K.M. Government High School, Vidyanagar, Aquem, Margao-Goa
85	St. Francis Xavier's High School, Siolim-Goa

86	Airway Public School, Vidyanagar, Sancoale-Goa
87	St. Theresa of Jesus High School, Chaudi, Canacona-Goa
88	Sacred Heart of Jesus High School, Anjuna, Bardez-Goa
89	Dr. Sakharam Gude High School, Vazangal, Shiroda-Goa
90	Surashri Kesarbai Kerkar High School, Keri, Ponda-Goa
91	Shri Ganesh Vidyalaya, Harvalem, Sanquelim-Goa
92	Matoshri Indirabai Baburao Khandeparkar High School, Khandepar-Goa
93	Jnyan Vikas School, Alto Porvorim, Bardez-Goa
94	Shree Ram High School, Khadki, Sattari-Goa
95	St. Thomas Boy's High School, Aldona-Goa
96	Smt. Sunandabai Bandodkar High School, Carambolim-Goa
97	Smt. Kamlabai Hede High School, Shiroda, Ponda-Goa
98	Bal Bharati Vidyamandir, Raibandar, Goa
99	St. Anthony's High School, Duler, Mapusa-Goa
100	Keerti Vidyalaya, Siolim, Bardez-Goa
101	Mahila and Nutan English High School, Comba, Margao-Goa
102	Azmane High School, Neura, Ilhas, Goa
103	Saraswat Vidyalaya, Korlim, Mapusa-Goa
104	Union High School, Sanguem-Goa
105	Dr. K. B. Hedgewar Vidyamandir, Karapur Tisk, Sanquelim-Goa
106	Saviour of the World High School, Loutulim-Goa
107	New English High School, Digas, Panchwadi – Goa
108	Shri Kamleshwar High School, Korgao, Pernem-Goa
109	St. Thomas High School, Cansaulim, Mormugao, Goa
110	Swastik Vidyalaya, Priol, Mardol-Goa
111	Sharada English High School, Marcela-Goa
112	Shree Ra High School, Khadki, Sattari Goa
113	Pradnya High School, Devsu, Korgao, Pernem Goa
114	Smt. Hirabai Talaulikar High School, Sacorda Goa
115	Peter Alvares Memorial High School, Morji, Pernem Goa
116	Ideal English High School, Arambol Goa
117	Shri Shantadurga High School, Bicholim Goa
118	St. Joseph High School, Pernem Goa
119	Marina English High School, Verna, Salcete Goa
120	Don Bosco High School, Tuem, Pernem Goa
121	St. Michael High School, Taleigao Goa
122	Smt. Sunandabai Bandodkar High School, Betim, Bardez Goa
123	Ravindra Kelekar Dnyanmandir, Auem, Margao Goa
124	Dr. K.B. Hedgewar High School, Asnoda Goa
125	Shri Navdurga High School, Bicholim Goa
126	Lokshikshan High School, Dhargal, Pernem Goa
127	A.J. de Almeiga High School, Ponda Goa
128	Barabhum High School, Tambdi Surla, Dharbandora Goa