



GOA BOARD OF SECONDARY AND HIGHER SECONDARY EDUCATION

(A Corporate Statutory Body constituted by an Act of the State Legislature)

Alto Betim, Bardez, Goa 403 521

www.gbshse.gov.in

sec-gbshse.goa@nic.in

8459710179

GBSHSE/ACAD/SSC/P.E./ 2023

Date: - 26/07/2023

CIRCULAR NO. 55

27

To,
The Heads of all recognized
Secondary Schools,
within the jurisdiction of this Board.

Sub: Implementation for Physical Education (**Sports & Well Being**) as additional Subject for
Class IX from the Academic year 2023-2024 onwards.

Sir/Madam,

In continuation to this Office Circular No. 45 dated 26/06/2023 it is informed that Text book in
Physical Education (**Sports & Well Being**) for Class IX is available in all authorized leading
book distributors across the state.

The same will be available to the Secondary schools on request with the book distributor on
payment of the required amount of the book, as per following:

Porvorim

Ms Bidye Enterprises
L-23, Housing Board Colony,
Alto Porvorim 403 521
Phone: 098237 58456
Mr Shekhar Bidye

Panjim

Ms C.A.G. Agencies
George Residency, Opp.
PDA Office, Mala, Panjim
403 001
Phone: 9822489965
Mr Carlos George

Margao

Ms T. G. Borker
4, New Municipal Market,
Margaon 403 601
Phone: 96070 25330
Mr Sharmad Keni

In case of any difficulty or any assistance, you are requested to contact **Mr Nilesh Naik**
(98817 99261) for North Goa and **Mr Deepak Anand** (94223 88159) for South Goa.

Further, it is informed that as per the request of Schools (as per Annexure I) permission is hereby
granted to introduce Physical Education (**Sports & Well Being**) for Class IX from the Academic
year 2023-24, as Seventh subject.

Those schools/students opting for **Sports & Well Being** as 7th subject, the existing Health
Education, Physical Education & Sports will be exempted from School assessment subject,
on similar lines to that of NSQF.

The copy of Circular be displayed on the Notice Board at a prominent place for information and
needful action.

(V. B. Naik)
Secretary

Enclosed: Annexure I

Copy to:-

1. The Director of Education, Porvorim-Goa.
2. The Director of SCERT, Alto Betim-Goa.
3. Heads of Sections of this Office.
4. P.A. to Chairman

Annexure I

Sr. No.	Name of the School
1	Don Bosco High School, Calangute, Bardez-Goa
2	Our Lady of Candelaria High School, Baina, Vasco-Goa
3	Rajmata Padmavati Raje Soundhekar High School, Ramnathi, Bandora, Ponda-Goa
4	Vidyaprasarak High School, Morjim-Goa
5	St. Anthony's High School, Galgibaga, Loliem-Goa
6	Bethany Convent High School, Sao Jose de Areal, Salcete-Goa
7	Anjuman Himayatul Islam High School, Baina, Vasco-Goa
8	Gurukul High School, Khol, Canacona-Goa
9	Keshav Smruti High School, Vasco, Goa
10	Keshav Smruti Bal Vikas Mandir, Ganeshwadi, Sancoale-Goa
11	Rauji Rane Memorial High School, Maulinguem, Bicholim-Goa
12	G.S. Amonkar Vidya Mandir, Mapusa-Goa
13	Dnyanjyoti High School, Karapur, Sanquelim, Goa
14	Tagore Educational Institute, Kothambi, Pale-Goa
15	St. John of the Cross High School, Sanquelim-Goa
16	Our Lady of Grace High School, Bicholim-Goa
17	Mangirish Vidyalaya, Shirgal, Aroba, Colvale-Goa
18	New English High School, Keri, Pernem-Goa
19	Sai Vidya Mandir, Torse, Perznem-Goa
20	Shree Durga English School, Parse, Pernem-Goa
21	Shivajiraje High School, Kholpewadi, Sal, Bicholim-Goa
22	Poiria High School, Poiria-Goa
23	Shree Ram Vidya Mandir, Colvale, Bardez-Goa
24	Progress High school, Sanquelim, Goa
25	Harmal Panchakroshi High School, High School, Harmal, Pernem-Goa
26	The Rosary High School, Cujira, Bambolim-Goa
27	Shri Mallikarjun Vidyalaya High School, Canacona - Goa
28	Shree Balaram Residential High School, Amone, Poinguinim, Canacona
29	Sacordem Educatio Society's School, Navem, Sacorda-Goa
30	St. Joseph's Convent High School, Nagoa, Verna-Goa
31	Kalyan Ashram Goa's Panchsheel English School, Panchawadi, Ponda-Goa
32	St. Thereza's Convent High School, Raia, Salcete-Goa
33	Shri Kamleshwar High School, Korgaon, Pernem-Goa
34	Our Lady of Desterro High School, Vasco-Goa
35	Dona Leonor Memorial High School, Alto-Betim, Bardez-Goa
36	St. Thomas Girl's High School, Aldona, Bardez-Goa
37	Shree Sharada English High School, Sanvordem-Goa
38	St. Francis Xavier High School, Mapusa, Bardez-Goa
39	Shri Vasant Vidyalaya High School, Siolim, Bardez-Goa
40	Vijayanand High School, Mayem, Bicholim-Goa
41	Mushtifund High School, Cujira, Goa
42	Sacred Heart High School, Parra, Bardez-Goa

43	Chubby Cheeks Spring Valley High School, Porvorim, Bardez-Goa
44	Vikas High School, Pernem-Goa
45	Honda High School, Honda, Sattari-Goa
46	Vidya Vihar High School, Thana, Cortalim - Goa
47	Shri Dayanand Arya High School, Neura, Ilhas-Goa
48	Sateri Vidya Mandir, Ibrampur, Pernem-Goa
49	Shri NirakarVidyalaya, Mashem, Loliem, Canacona-Goa
50	Dayanand Bandodkar High School, Padi, Canacona-Goa
51	Shri Shanta Vidyalay, Sodiem, Siolim-Goa
52	Kasturba Matoshri High School, Panaji-Goa
53	G.V.M's A.J. de Almeida High School, Ponda-Goa
54	L.D. Samant Memorial High School, Porvorim-Goa
55	Sarvodaya Education Society High School, Curchorem-Goa
56	St. Joseph High School, Calangute-Goa
57	Immaculate Conception High School, Colsoi, Dabal,Goa
58	Maria Bambina Convent High School, Cuncolim, Salcete-Goa
59	Our Lady Mother of the Poor High School, Tilamol, Quepem-Goa
60	Shree Mahalasa Narayani High School, Verna-Goa
61	Crescent High School, Chandrawada, Fatorda, Margao,Goa
62	Janata High School, Mapusa-Goa
63	Chandranath Education Society's High School, Quepem-Goa
64	Shree Shantadurga Vidyalaya, Pirna, Bardez-Goa
65	Dayanand High Shool, Chora, Ilhas-Goa
66	Our Lady of Rosary High School, Mandrem, Pernem-Goa.
67	People's High School, Camurlim, Bardez-Goa
68	St. Xavier's Institute, Curtorim, Salcete-Goa
69	St. Anthony's High School, Margao-Goa
70	Gurudas P. Gauns Memorial High School, Gokulwadi, Sanquelim-Goa
71	Shri Mahamaya High School, Mayem, Bicholim Goa
72	Dnyanprassarak Vidyalaya, Mapusa Goa
73	Ravindra Kelekar Dnyanmandir, Vidyanagar, Margao Goa
74	Our Lady of Carmel High School, Curtorim, Salcete-Goa
75	School of Symbiosis, Shivshail, Shiroda, Ponda-Goa
76	Krishna Raghunath Shetye Savoikar High School, Savoi-Verem,Ponda-Goa
77	Dattaram Mantravadi Memorial High School, Mapusa-Goa
78	New English School, Kundai, Ponda-Goa
79	The Rosary High School, Cujira, Bambolim-Goa
80	St. Joseph High School, Aquem, Margao-Goa
81	Shri Sharada Vidyalaya Government High School, Kumbharjua-Goa
82	Our Lady of Carmel High School, Curtorim, Salcete-Goa
83	Holy Cross High School, Siolim, Bardez-Goa
84	R.K.M. Government High School, Vidyanagar, Aquem, Margao-Goa
85	St. Francis Xavier's High School, Siolim-Goa