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**Time : 2 Hours****PSYCHOLOGY, MENTAL HYGIENE, MENTAL****Subject Code DISEASES AND SOCIOLOGY**

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**Total No. of Questions : 5****(Printed Pages : 2)****Maximum Marks : 50**

- INSTRUCTIONS:** 1. All questions are compulsory.  
 2. Answer each question on a fresh page.  
 3. Figures to the right indicate full marks.  
 4. Write the number of questions and sub questions clearly.

- 1 Answer the following questions in one word
- A The type of personality in which a person is always happy and cheerful. 1
- B The period of growth from birth to the end of the first year. 1
- C Answer the following question in 30 words.  
 Explain the three levels of mind functioning. 3
- D Answer the following question in 70 words.  
 As a health worker how would you analyse an emotion. 5
- 2 Answer the following questions in one sentence.
- A What is an approach-avoidance conflict? 1
- B What is rationalisation? 1
- C Answer the following question in 30 words.  
 Write the causes of frustration? 3
- D Answer the following question in 70 words.  
 Explain the characteristics of a mentally healthy person. 5
- 3 Answer the following questions in one sentence.
- A List any two principles to ensure mental health in later childhood. 1
- B Why physical contact is needed in infancy? 1
- C Answer the following question in 30 words.  
 Explain the problems faced in an adolescent stage. 3

- D** Answer the following question in 70 words. 5  
 Explain the problems of mental hygiene in an early childhood.
- 4** Answer the following questions in one sentence.
- A** State any two somatic symptoms of a mentally ill person. 1
- B** Answer the following question in 15 words.  
 What is mania and state any two signs and symptoms of mania ? 2
- C** State the treatment for depression. 2
- D** Define drug dependence and state its causes. 2
- E** Answer the following question in 30 words. 3  
 What is abreactive therapy and state its indications.

OR

- What are the complications of an Electroconvulsive therapy?
- 5** Answer the following questions in one sentence.
- A** What is three generation family? 1
- B** Answer the following question in 15 words.  
 Explain any two temporary social groups. 2
- C** Define community and state the types of societies. 2
- D** Explain how physical causes affect the cultural factors in health and disease? 2
- E** Answer the following question in 30 words. 3  
 Explain the family cycle.