

Subject Code : S-1065
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Subject : Basic Cookery (E) (CWSN)

HOLLOW CRAFT STICKER

SEAT NO.	BAR CODE
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Centre :

Seat No. (in fig.).....

(in words).....

.....

Candidate's Signature :.....

Supervisor's Signature with date :.....

Subject Code	S-1065
Subject	Basic Cookery (E) (CWSN)
Date	2024-04-19

FOR OFFICE USE

Subject Code	
Subject	
Date	
Main Answer Book = 1	
Specific remarks of centre conductor regarding malpractices (in Red Ink)	

Examiner	Moderator	Chief Moderator
Total in Figures =	=	=
Total in Words		
Signature		
Apptt.No. :		

- Mobile Phones and other electronic gadgets are stricity prohibited inside the examination hall.
- Use of non-programmable calculator is allowed ONLY in some subjects.
- Writing in any form on the Hollow craft sticker and Bar code sticker is strictly prohibited.
- Only blue ink/ball pen is to be used for writing the answers. Black lead pencil may be used for drawing figures, diagrams and graphs. Use of any other colour pencil/pen is strictly prohibited.
- Disclosing of identify on the answer book (except in the space provided) in any form is strictly prohibited.
- Candidate should check that the printed seat number is correct and verify that the answer book has all pages serially numbered before filling all other details.

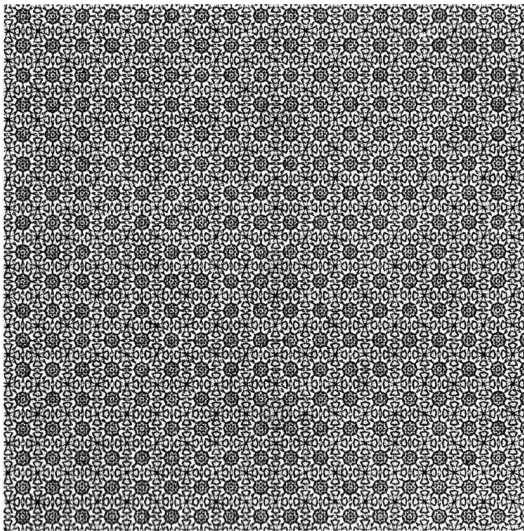
INSTRUCTIONS TO CANDIDATES

The Candidate shall

1. Produce the admission card on demand to competent authorities during the examination.
2. Enter the seat number and other particulars in the space provided on every main answer book and supplement.
3. Verify that the Block Supervisor has signed in the appropriate space on the main answer book and also the supplements.
4. Not be allowed to leave the examination hall during the first ONE HOUR and also the last TEN minutes of the examination.
5. Not damage/scribble the seat no./barcode sticker.
6. Not indulge in any malpractice like.
 - Carrying written material into the examination hall.
 - Communicating in any manner with other candidates in the examination hall.
 - Passing slips of paper, answer book or supplements to other candidates.
 - Impersonating another candidates.
 - Attaching currency notes to the answer books.
 - Copying from another candidate or vice versa.
 - Leaving the examination hall without submitting answer book to the supervisor.
 - Using of coloured thread to tie answer books.
7. Abide by the rules of discipline.
8. Stop writing on the answer book after the ringing of the final bell.
9. Stick the hollow craft sticker on the main answer book as well as on the supplement after the final bell.
10. Not leave the seat till all answer books are collected and counted by the supervisor.

NOTE :

Candidate shall be liable for penalty imposed by the board for the violation of any or all of the above clauses.



Pg No.	Examiner	Moderator	Chief Moderator
03			
04 & 05			
06 & 07			
08 & 09			
10 & 11			
12 & 13			
14			
TOTAL			
Total in words			
Apptt. No.			
Sign			
Verification			

2024 IV 19

0930

Marks	E	M	CM	3
Pg. 3				

Time : 2 Hours

BASIC COOKERY (E)

(For Children With Special Needs)

Subject Code

S	1	0	6	5
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Total No. of Questions : 36 (Printed Pages : 14)

Maximum Marks : 40

INSTRUCTIONS : (1) *All* questions are compulsory.

(2) Answer in the provided space.

Fill in the blanks with the correct alternative from those given in the brackets : 1×8=8

1. Raw meat needs to be stored in
(air tight containers, refrigerator, deep freezer)
2. When sunlight is used for cooking, it is called
(stewing, solar cooking, pressure cooking)
3. Mix different flours to increase the protein
quality of the flour.
(cereal and pulse, wholegrain and refined, rice and wheat)
4. A Breakfast cup is used to serve
(Coffee, Tea, Tea and Coffee)

S-1065

P.T.O.

5. An excess intake of fat can lead to

(obesity, fever, weakness)

6. Milk that has been first boiled to a high temperature and rapidly cooled to make it safe from microorganisms is known as milk.

(pasteurized, cold, milk shake)

7. Fish should be eaten at least a week.

(once, twice, thrice)

8. A serving dish can be defined as a dish in which food is

(served, cooked, stored)

Tick the odd one out :

1×6=6

9. Fats :

• Butter

☐

• Sunflower Oil

☐

• Ghee

☐

Marks	E	M	CM
Pg. 4 & 5			

5

10. Cooking by Moist heat :

- Boiling
- Grilling
- Steaming

11. Cutlery :

- Spoons
- Forks
- Plates

12. Cooking in Fat :

- Sautéing
- Shallow Frying
- Boiling

13. Curds :

- Consume with meals
- Gives texture to food
- Helps in digestion

14. Flesh Food :

- Cheese
- Chicken
- Fish

Choose the right alternative from Column B that matches the word in

Column A, and write your answer in Column C :

1×4=4

	COLUMN A	COLUMN B	COLUMN C
15.	Full Plate	i. Mental and physical growth	
16.	Eat sparingly	ii. Bread	
17.	Iodine	iii. Baking pan	
18.	Baking	iv. Main Course	
		v. Fats and sugar	

Marks	E	M	CM
Pg. 6 & 7			

7

Identify the given picture :

1×6=6

19.



Ans.

(Body Building Food, Protective Foods, Vitamin D Rich Foods)

20.



Ans.

(Salad Spoon, Table Spoon, Soup Ladle)

21.



Ans.

(Roasting, Stewing, Steaming)

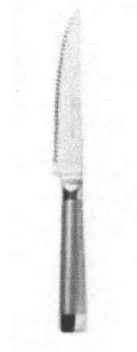
22.



Ans.

(Food Pyramid, Food Plate, Food Chart)

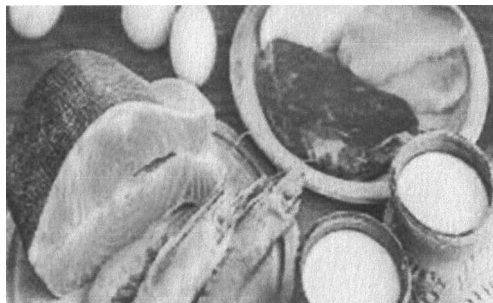
23.



Ans.

(Carving Knife, Table Knife, Chopping Knife)

24.



Ans.

(meat fish poultry and dairy, fats and sugar, fruits and vegetables)

Marks	E	M	CM	9
Pg. 8 & 9				

OR

State whether the following statements are true *or* false : 1×6=6

19. Roasting is a slow method of cooking

Ans.

20. Pressure cooking food saves time

Ans.

21. Drinking enough water, maintains our body temperature

Ans.

22. Place the water glass slightly below the plate

Ans.

23. Do not eat the edible peel of fruits such as chikoos, apple, guavas

Ans.

24. Eating food on banana leaves is considered healthy and auspicious.

Ans.

Answer in *one* word : 1×8=8

25. A vegetable rich in Vitamin A.

Ans.

26. A cereal that you enjoy for breakfast.

Ans.

27. A raw vegetable dish.

Ans.

28. A traditional Indian dining plate.

Ans.

29. A food cooked by Baking

Ans.

30. A method of Frying.

Ans.

31. A cutlery used for dining.

Ans.

32. A mineral required for Healthy bones.

Ans.

Marks	E	M	CM	11
Pg. 10 & 11				

Answer the following questions :

2×4=8

33. Name any 2 groups of food.

Or

What important role does fibre play in our diet ? Mention any *two*.

Ans.

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34. What is a Food Guide Pyramid ?

Or

What is Balanced Diet ?

Ans.

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35. List any *two* methods of cooking. Give *one* example of food cooked by each.

Or

Give any *two* reasons for cooking food.

Ans.

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36. Mention any *two* points one has to follow for Indian Traditional dining.

Or

What is a teaspoon ? Mention any *one* use.

Ans.

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This image shows a full page of white paper with horizontal dotted lines, typical of primary school writing paper. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.